## Summary of Dental Benefits and Coverage Disclosure Matrix (SDBC)

# Part I: GENERAL INFORMATION

Insurer Name: Cigna Health and Life Insurance Company
Policy Type: DPPO
Plan Name: 00620251 / P0010
Insurer Phone #: 1-800-Cigna24

Effective Date: Beginning on or after 01.01.2025 Insurer Website: www.cigna.com

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND WHAT YOU WILL PAY FOR COVERED SERVICES. THIS IS A SUMMARY ONLY AND DOES NOT INCLUDE THE PREMIUM COSTS OF THIS DENTAL BENEFITS PACKAGE. PLEASE CONSULT YOUR EVIDENCE OF COVERAGE AND DENTAL CONTRACT FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS. FOR MORE INFORMATION ABOUT YOUR COVERAGE, VISIT THE INSURER WEBSITE AT www.cigna.com OR CALL 1-800-Cigna24.

#### THIS MATRIX IS NOT A GUARANTEE OF EXPENSES OR PAYMENT.

#### Part II: DEDUCTIBLES

Deductible	In-Network	Out-of-Network
Dental	Per individual - \$50 / Per family - \$150	Per individual - \$50/ Per family - \$150

- A deductible is the amount you are required to pay for covered dental services each policy year before the insurer begins to pay for the cost of covered dental treatment.
- **In-network services** are dental care services provided by dentists or other licensed dental care providers that contract with your insurer for alternative rates of payment for dental services.
- Out-of-network services are dental care services provided by dentists or other licensed dental care providers that have not contracted with your insurer for alternative rates of payment.

### Part III: MAXIMUMS POLICY WILL PAY

Maximums	In-Network	Out-of-Network
Annual Maximum	\$2,000	\$2,000
Lifetime Maximum for Orthodontia	\$1,500	\$1,500

- **Annual maximum** is the maximum dollar amount your policy will pay toward the cost of dental care within a specific period of time, usually a consecutive 12-month or calendar year period. Not all services accrue to the annual maximum.
- **Lifetime maximum** means the maximum dollar amount your policy providing dental benefits will pay for the life of the enrollee. Lifetime maximums usually apply to specific services, such as orthodontic treatment.

# Part IV: WAITING PERIODS

**Waiting Periods**: A waiting period is the amount of time that must pass before you are eligible to receive benefits for all or certain dental treatments. **There is no waiting period.** 

#### Part V: WHAT YOU WILL PAY

All copayments and coinsurance costs shown in this chart apply after your deductible has been met, if a deductible applies. The Common Dental Procedures fit into one of the following applicable categories: Preventive & Diagnostic, Basic or Major. The Benefit Limitations and Exclusions column includes common limitations and exclusions only. For a full list, see the full disclosure document referenced in the Benefit Limitations and Exclusions column.

Common Dental Procedures	Category	In-Network	In-Network Out-of- Network	Benefit Limitations and Exclusions		
				For complete coverage details, exclusions and limitations, please see your Plan Certificate.		
Oral Exam	Preventive & Diagnostic	0%	0%	Limited to two oral exams per year.		
Bitewing X-ray	Preventive & Diagnostic	0%	0%	Limited to 2 sets per year.		

Common Dental Procedures	Category	In-Network	Out-of- Network	Benefit Limitations and Exclusions  For complete coverage details, exclusions and limitations, please see your Plan Certificate.
Cleaning	Preventive & Diagnostic	0%	0%	Limited to 2 per year.
Filling	Basic	0%	0%	Not applicable
Extraction, Erupted Tooth or Exposed Root	Basic	10%	20%	Not applicable
Root Canal	Basic	10%	20%	Not applicable
Scaling and Root Planing	Basic	10%	20%	Not applicable
Ceramic Crown	Major	40%	50%	Replacement is limited to 1 per tooth, per 60 consecutive months
Removable Partial Denture	Major	40%	50%	Replacement is limited to 1 partial denture per arch per 60 consecutive months.
Extraction, Erupted Tooth with Bone Removal	Basic	40%	50%	Not applicable
Orthodontia	Orthodontia	50%, no ortho deductible	50%, no ortho deductible	Covered for eligible children and adults

### Part VI: COVERAGE EXAMPLES

THESE EXAMPLES DO NOT REPRESENT A COST ESTIMATOR OR GUARANTEE OF PAYMENT. The examples provided represent commonly used services in the categories of Diagnostic and Preventive, Basic and Major Services for illustrative purposes and to compare this policy to other dental policies you may be considering. Your actual costs will likely be different from those shown in the chart below depending on the actual care you receive, the prices your providers charge and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and the summary of excluded services under the plan.

Dana Has a Dental Appointment with a New Dentist	Sam Needs a Tooth Filled	Maria Needs a Crown	
New patient exam, x-rays (FMX) and cleaning	Resin-based composite – one surface, posterior	Crown – porcelain/ceramic substrate	

Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
In-network: \$400	Total Cost of Care	In-network: \$150	Total Cost of Care	In-network: \$1,300
Out-of-network:		Out-of-network:		Out-of-network:
\$550		\$200		\$1,750
In-network: Not	Deductible	In-network:	Deductible	In-network: \$50
Applicable		\$50		Out-of-network:
				\$50
				ΨΟΟ
		·		
In-network: \$2,000		In-network: \$2,000		In-network: \$2,000
Out of motureds	(Plan Will Pay)	Out of motured.	(Plan Will Pay)	Out of motivious.
				Out-of-network:
' '	Detient Coet	' '	Detient Coet	\$2,000
in-network. 0%		in-network: 10%		In-network: 40%
Out-of-network	` ' '	Out-of-network:		Out-of-
	Comsurance)		Comsurance)	network: 50%
	In this example.		In this example.	In-network: \$550*
	• •		• •	
Out-of-network:		<b>+</b>	• •	Out-of-network:
	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Out-of-	•	\$925*
Ψ.0		network: \$80*		•
	l -	,	,	
	In-network: \$400 Out-of-network: \$550	In-network: \$400 Out-of-network: \$550 In-network: Not Applicable Out-of-network: Not Applicable In-network: \$2,000 In-network: \$2,000 In-network: \$2,000 In-network: 0% In-network: 0% In-network: \$0* In-network: \$0* Out-of-network: \$0* In this example, Sam would pay (includes	In-network: \$400 Out-of-network: \$550 In-network: Not Applicable Out-of-network: Not Applicable In-network: \$2,000 In-network: 0% In-network: 0% In-network: 0% In-network: \$0* In-net	In-network: \$400

Dana's Visit	Dana's Cost	Sam's Visit	Sam's Cost	Maria's Visit	Maria's Cost
Summary of what is	Oral exams and	Summary of what is	The following may	Summary of what is	The following may
not covered or	cleanings are	not covered or	apply: if more than	not covered or	apply: if more than
subject to a limitation:	limited to 2 per	subject to a limitation:	one covered service will treat a	subject to a limitation:	one covered service will treat a
	year. A complete series of full mouth		dental condition,		dental condition,
	X-rays are limited		payment is limited		payment is limited
	to 1 every 3 years.		to the least costly		to the least costly
	*These Coverage		service.		service.
	Examples are		*These Coverage		*These Coverage
	based on a		Examples are		Examples are
	standard plan		based on a		based on a
	which may not		standard plan		standard plan
	reflect your		which may not		which may not
	coverages as		reflect your		reflect your
	described in		coverages as		coverages as
	Sections I – V. Please see the		described in Sections I – V.		described in Sections I – V.
	applicable Plan		Please see the		Please see the
	Certificate for		applicable Plan		applicable Plan
	details. For out-of-		Certificate for		Certificate for
	network benefits, you		details. For out-of-		details. For out-of-
	may be charged the		network benefits,		network benefits,
	difference between		you may be		you may be
	the amount Cigna		charged the		charged the
	reimburses for such		difference between		difference between
	services under your		the amount Cigna		the amount Cigna
	specific plan and the amount charged by		reimburses for		reimburses for
	the dentist.		such services		such services
	the defition.		under your specific		under your specific
			plan and the amount charged by		plan and the amount charged by
			the dentist.		the dentist.
			ine dentist.		the dentist.